

# *Instructions for Skin Biopsy*



# What is Skin Biopsy?

- The removal of abnormal skin tissues for examination and sometime treatment in the same time



# Pre-Surgery Process

## Step 1

The surgical area will be cleaned with antiseptic.



# Pre-Surgery Process

## Step 2

Keep the surgical area disinfected by covering other areas with sterilized cloth.



# Pre-Surgery Process

## Step 3

Local anaesthetic injection under the skin.

No Pain, No Gain!

*\*\*Notify the doctor if you are allergic to anaesthetic.*



# Pre-Surgery Process

## Step 4

When you feel numb after the injection, the doctor will start the surgery.



# Surgery Process

## Step 5

### Punch Biopsy

The surgeon will use a small, sharp tool that looks like a cookie cutter (punch) is placed, pushed down, and slowly rotated to remove a circular piece of skin.

In most cases, stitches are needed. Pressure is applied until the bleeding stops. The wound is then covered with a bandage or sterile dressing.



# Surgery Process

The alternative procedure such as:

## **Shave biopsy**

a surgical knife (scalpel) is used to shave off the surgical area.

Stitches are not needed. Any bleeding can usually be controlled with a chemical that stops bleeding and by applying pressure. The biopsy site is then covered with a bandage or sterile cloth.





# Surgery Process

The alternative procedure such as :

## **Excision**

After the injection, the entire lesion (area) is removed with a scalpel. Stitches are used to close the wound. Pressure is applied until the bleeding stops. The wound is then covered with a bandage or sterile cloth.



# Post-Surgery

There are two types of bandages: gauze and waterproof.



Waterproof bandages are water-resistant. You can shower freely.



If you have gauze bandages, **avoid** water for about 7 days.



# Post-Surgery

Return to the hospital/clinic to remove the stitches in 1-2 weeks.

The examination result will take about 2 weeks to process.



**Caution:** If you notice continuous bleeding or liquid substances (discharge), clean the wound everyday at the hospital or clinic.





# Take Care and Stay Healthy!

